

The PE unit schedule is flexible to fit in with our staff CPD programme and opportunities for Cross Curricular learning.

Year	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Reception	Locomotion: Walking and Jumping		Ball Skills Hands 1		Gymnastics: High, Low, Over, Under		Dance Nursery Rhymes		Ball Skills Feet		Games For Understanding	
Year 1	Locomotion: Running	Gymnastics: Wide, Narrow, Curled	Ball Skills Hands 1	Gymnastics: Body Parts	Ball Skills Feet	Dance: Growing	Ball Skills Hands 2	Dance: The Zoo	Locomotion: Jumping	Games For Understanding	Health and Wellbeing	Health and Wellbeing
Year 2	Locomotion: Dodging	Gymnastics: Linking	Ball Skills Hands 1	Gymnastics: Pathways	Ball Skills Feet	Dance: Water	Ball Skills Hands 2	Dance: Explorers	Locomotion: Jumping	Games For Understanding	Health and Wellbeing	Health and Wellbeing
Year 3	Invasion: Netball	OAA: Team Building	Invasion: Football	OAA: Orienteering	Invasion Tag Rugby	OAA: Orienteering	Gymnastics Symmetry & Asymmetry	Invasion: Hockey	Striking & Fielding Cricket	Dance: WW2	Striking & Fielding Runders	Athletics
	Swimming											
Year 4												
Year 5	Invasion: Netball	OAA: Communication	Invasion: Football	Health Related Exercise	Invasion: Tchoukball	OAA: Orienteering	Invasion: Tag Rugby	Invasion: Hockey	Dance: Ballroom	Gymnastics: Counter Balance and Counter Tension	Striking & Fielding Cricket / Runders	Athletics
	Swimming								OAA: Orienteering			
Year 6												